

## NOU ROUZ 2009 <sup>i</sup>

"The coming of the season at the proper time of the solar year."  
Avesta 'Haptan Yasht' (Ha-3)

Every year the vernal equinox is considered as the beginning of the New Year (Saal- E- Nou). In ancient Iran when the equinox coincided with the sun rise in their kingdom they celebrated it as the NEW DAY (Nou Rouz). It is a rare phenomenon and was the event of the generation.

Now that we are spread all over the globe we can celebrate the New Day (Nou Rouz) when it occurs in our part of the globe and demonstrate the scientific knowledge of our ancestors who lived thousands of years before Galileo.

On March 20, 2009 the Vernal Equinox will coincide with the Sun Rise at about 85.2 degrees longitude which happens to pass through the eastern part of North America.

The only other year in this generation that this phenomenon will repeat in North America is 2013 after which it will move into the Atlantic Ocean for a long time. So let's take advantage of this historic opportunity.

The following location will be witnessing the phenomena exactly or at a distance. The Zarathushti community in these localities should organize celebrations on a mass scale involving the mass media and dignitaries.

**Chattanooga**, Tennessee<sup>ii</sup> and **Fort Wayne** Indiana<sup>iii</sup>  
Equinox 7:44 AM Sun Rise 7:44 AM Local time March 20, 2009

**Louisville**, Kentucky  
Equinox 7:44 AM Sun Rise 7:46 AM Local time March 20, 2009<sup>iv</sup>

**Chicago**  
Equinox 6:44 AM Sun Rise 6:54 AM Local time March 20, 2009<sup>v</sup>

## SAMPLE PROGRAM

### CHICAGO

The program should start at 6 AM on Friday March 20, 2009

The venue should, as far as practical and possible, be in the open. So as to be able to watch the sun rise. (e.g.: Lake Shore Drive, Grant park –Northerly Island Park- Alder Planetarium- or the beach near N La Salle St.)

A Nou Rouz Table representing the Seven Amesha Sepantas should be set up with its intellectual meaning and philosophy.<sup>vi</sup> Flyers should be available for pickup by visitors.

Media and dignitaries should be invited

– informing them of the rare astronomical occasion due to the location of Chicago.

### **Program**

Start of Program 6 a m sharp

Welcome the guest (5min)

The significance of Nou Rouz and its relation to Zarathushtra should be explained in short. (5min)

The significance of Nou Rouz table should be explained in short.<sup>vii</sup> (5min)

As many Mobeds as possible should be present on stage. It is more a matter of visually presentation of our connection to the event than a ritual. So the prayers should be as short as possible.

I suggest Ashem Vohu , Yatha Ahu Vaeryu and one verse of Gatha (namely 28.11 which represents Good Thoughts GW GD<sup>viii</sup>) should be recited each followed with its meaning in English. (10min)

Count down to Equinox (6.44) should start 7 minutes before Equinox, at every minute one Amsha Sepanta in the right order should be projected dramatically on a screen with its intellectual meaning (as given below) and the last 10 seconds should be counted by the audience.

Right at that moment of the Equinox a large group of children should enter among the audience each with a mirror in one hand and rosewater in the other. They should show the mirror to the guest so they see themselves in it and sprinkle rose water at each guest and greet them by saying “Happy Nou Rouz - <sup>ix</sup> May you be as bright as the mirror and as fragrant as the rose.”

Speeches entertainment breakfast etc can be arranged thereafter.

This is just a guide the rest is to your imagination.

Any questions, suggestions etc please contact me at [fariborzr@hotmail.com](mailto:fariborzr@hotmail.com)

With Regards

Fariborz Rahnmoon

### **NOTES**

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<sup>i</sup> For detail visit <http://www.ancientiran.com>

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ii <http://www.timeanddate.com/worldclock/astronomy.html?month=3&year=2009&obj=sun&afl=-11&day=1&n=800>

iii <http://www.timeanddate.com/worldclock/astronomy.html?month=3&year=2009&obj=sun&afl=-11&day=1&n=821>

iv <http://www.timeanddate.com/worldclock/astronomy.html?month=3&year=2009&obj=sun&afl=-11&day=1&n=413>

v <http://www.timeanddate.com/worldclock/astronomy.html?month=3&year=2009&obj=sun&afl=-11&day=1&n=64>

vi FOR DETAIL PLEASE SEE

[http://ahura.homestead.com/files/NouRouz/NOU\\_ROUZ\\_TABLE-PHILOSOPHY.pdf](http://ahura.homestead.com/files/NouRouz/NOU_ROUZ_TABLE-PHILOSOPHY.pdf)

AVESTA WORDS- MODERN USAGE -ENGLISH MEANING

- 1- VOHU MANA - BAH MAN - GOOD MIND
- 2- ASHA VAHISATA -ARDIBESHT -ULTIMATE TRUTH, NATURE
- 3- KASH ATRA VAIRYA -SHAHRIVAR -GOOD LAWS / GUIDANCE
- 4- SEPANTA ARMAITY- ESFAND -LAWFUL DESIRE
- 5- HURVATATA -KHORDAD -PERFECTION
- 6- AMERETATA -AMORDAD -IMMORTALITY
- 7- AHURA MAZDA -AHURA MAZDA -CREATOR OF WISDOM

Explanation in summary form

- 1- Use your GOOD MIND to inquire and learn the
- 2- The ULTIMATE TRUTH- the Laws of Nature- Use them to make
- 3- GOOD RULES – Good Laws- Good Guidance- Which will lead to
- 4- LAWFUL DESIRE – Righteousness – which will pave the way towards
- 5- PERFECTION – Mental, Physical and Spiritual – which will lead to
- 6- IMMORTALITY –a) losing the fear of Death (b) being remembered for your good work for generations—resulting in oneness with
- 7- AHURA MAZDA -The CREATOR OF WISDOM – through KHOD AH Self Realization- KHOD = Self AH = to come, to come to oneself

vii FOR DETAIL PLEASE SEE

[http://ahura.homestead.com/files/NouRouz/NOU\\_ROUZ\\_TABLE-PHILOSOPHY.pdf](http://ahura.homestead.com/files/NouRouz/NOU_ROUZ_TABLE-PHILOSOPHY.pdf)

viii Gatha Yasna 28.11 (Free translation) see [www.ancientiran.com](http://www.ancientiran.com)

**Every thing that is created was first a Thought.  
So let your Thoughts be Good  
Good Thoughts are those that are in harmony with the Wisdom in Creation**

**Let your Good Thoughts be know through Good Words  
For that's when Creation first comes into being  
ZARATHUSHTRA - GATHA - YASNA HA. 28.11 (FR)  
Therefore  
GOOD THOUGHTS - GOOD WORDS - GOOD DEEDS**

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<sup>ix</sup> **Never say “Nou Rouz MUBARAK”**- Mubarak is Arabic.

Persian is **“Nou Rouz KOJASTEH Baad” “Nou Rouz Phirouz baad” “Nou Rouz Farkhondeh baad”**.