

*The original booklet is printed by*  
**Dali Bhikhaji Sadri**

*Reprinted by :*

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*fond memory of our dearest friend*

**Mr. Jamshed (Jimmy) Dhunjisha Elavia**

who expired on 7<sup>th</sup> March 2012

(Roj - Govad and Mah - Meher)

Short prayers for all problems



This booklet is not for sale



*K Lohrasp Shahane Naman Hojjee*

## SHORT PRAYERS FOR ALL PROBLEMS



Recite following prayers as many times as you can. First do your kusti, 2 yatha, 1 ashem, 101 names of Ahura Mazda.

*& Sarosh Baj.*

### PRAYER

Ya khuda ya ahuramazda ya mino marespan, ya mino aneraam, ya noor ya dastageer rawan, ya noor ya mino marespan yazad, ya mahabuktar, ya mino marespan, ya nebi zarthush ya mino marespan.

*(Pray 3 times to get rid of any troubles and ailments)*



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- 1. Nist Hasti Bazooz Yazdan.**  
**meaning without God Almighty**  
**there is no meaning to your life.**

*(This was written by great dastoorji Saheb Aazrat Kaiwan. In times of trouble it is very beneficial to pray this line 7 or 101 times)*

- 2. Kashnothre ahurahe mazdao.**  
*(To invoke blessings of Ahura mazda and to get all good work done)*

- 3. Ashaum kavemkharena nabee Zarathostra.**  
*(We bow down to our holy possessing kyani khoreh paygamber sahib Zarathustra Spitaman)*



- 4. Ashaunam Vanguhish suraao spentao fravashiao yazmaidae.**  
*(To remember asho farohars you get divine help)*

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- 5. Ashaum raast davar yazmaide.**  
*(You will get justice in court of law if you recite the above line)*

- 6. Paname ahura mazda yazade yazdaan phirozgar ashaum gargar yazmaidae.**  
*(To increase wealth. Also to get rid of any sickness)*

- 7. Ashahum baad, adargar yazmaidae.**  
*(Joint pain, gout, lambago, paralysis, sytica, arthritis, etc. Pray daily to get rid of this disease)*

- 8. Ya jadaa-saame veretharajnem ashaum vaasna fathemand firozgar yazmaidea.**  
*(To ask for forgiveness and to fulfill your wishes)*



**9. Ya Parubasej Ashaum dareghom daregojitim yazamaide.**

*(Pray 7 times for a long and healthy life)*

**10. Ya ashaum vaspan ya vaspaar yazmaide.**

*(Pray to do away with tension and fear)*

**11. Ya ashaum nasa dastagir dana, Bisterna ashaum badgar jaya yazmaide.**





*(Pray to do away with evil and pain)*

**12. Ya varun, ashaum Faarsaak yazmaide.**

*(Pray to get saved from unforeseen problems)*

**13. Ya beshterna ashaum taronish yazmaide.**

*(An angry person will calm down and will welcome you)*



**14. Aasoo sarosh yazad aadar ao paasbaan nehegeban bahist tamam ravan baad.**



*(Pray for blessings from the departed souls)*

**15. Ya vispao nemo aziz vakta zarasis sahebe Dela-ne delan Vakshure Vakshuran Spiteman na shubh aasis kareme keru abadbad.**

*(To help me with your blessings in doing all my work)*

**16. Ya yazad, aa yazdaan harvashp tawan ashaum nam firozegar yazmaide.**

*(To do away with troubles and give success in all my doings)*



**17. Ya yazad a yazdan nigeabaan  
ashaum abrin kohan tavaan  
fatemand firozgar yazmaide.**

*(For any difficult work - to be informed  
in your dreams)*

**18. Ya namo ve husnuma-a faroke  
abade aabaad ve Nerosang  
Dhawale. Dhaval aaserwad baad.**



*(Looking towards sun pray to remove  
planetary bad effects)*

**19. Ya ashaum vasna ya harveshptum  
yazamaide.**

*(To fulfill your wishes)*

**20. Ya farman kam, ya rastedavar  
yazamaide.**

*(To keep away from troubles)*



**21. Ya ashaum afja ya nasa  
ya parvra yazamaide.**

*(Pray 21 times to remove evil from family)*

**22. Ya ashaum befirhe fathe  
yazamaide.**

*(Pray to stay away from troubles)*

**23. Ya harvashtum, yahu-sepas,  
ya har-hamid, ya har-nek-fareh.**



*(In great difficulty - no solution in sight,  
then to fulfill all wishes)*

**24. Ya ashaum abisk yazmaide.**

*(To get rid of all your troubles - pray  
7 times)*

**25. Ya ashaum varune varun  
aabanhu yazamaide.**

*(Pray 7 times to destroy bad things  
and guard me from evil)*



**26. Ya veespao ashaunaam  
daadgar daadaar ahura mazda  
va ameshazpand va khursheed  
aamdeen neghebaane saroash  
ashova jamsheede nahaloodin  
maamdin va tamametanam nist  
khalkandoon baad.**





*(To get peace of mind – pray daily  
morning, noon and night)*

**27. Ya ashaum, ya harvesp tavan, ya  
harvesp-aghah ya harvesp-khuda.**

*(By praying these 3 names you will get  
rid of your troubles. You will get reply  
to your problems)*

**28. Ya ashaum asti ya rakhoh  
ya varun.**

*(Pray 7 times to save your life)*



**29. Ya vangudao vanguheem  
parandem yazmaida.**

*(Pray 21 times)*

**30. Ya asheem vanguheem  
parendem yazmaida.**

*(For financial help)*

**31. Ya ashaum khaaheesh  
fathemand yazmaida.**



*(To get rid of your financial problems)*

**32. Ya aachist kusur yazmaida.**

*(To get rid of unemployment)*

**33. Ya ashaum dadaar Ahura  
mazda yazmaida. Ya ashaum  
parvanda yazmaida.**

*(Pray 7 times if you are totally depressed  
in life)*





**34. Yazdar yazdaan ya neghebaan  
ashaum gargar yazmaidaae.**

*(To improve your wealth)*

**35. Ya ashaum aekh-tan yazmaidaae.**

*(To obtain peace of mind at home and  
prestige at home)*

**36. Ya ashaum khudavand yazmaidaae.**



*(To improve your business pray 7 times)*

**37. Oo-dram vayam ooparo kairim  
yazmaidaae.**

*(Pray 101 times for settlement between  
wife husband and children)*

**38. Ya yazdaanae abunam yazmaidaae,  
Ya yazdaanae firozgar yazmaidaae.**

*(To get beautiful and handsome children)*



**39. Ya ashaum aadar keebreettum  
yazmaidaae.**

*(Pray to pass in your exams)*

**40. Ya adaro, ya gira, ashaum  
yazmaidaae.**

*(Pray to prevent from taking wrong path)*

**41. Raam khastarem yazmaidaae  
vaaem ashvanem yazmaidaae,  
vaaem upra: kaireem yazmaidaae,  
tardhatem anyaaish daamaan,  
aetat te vaeyo yazmaidaae, yata te  
asti spento mainyaaum thavashem  
khadhaate yazmaidaae, zarvaanem  
akarnem yazmaide, zarvaanem  
dareadhau-khadhaatem yazmaidaae.**

*(For marriage, to get a life partner of  
your choice)*

42. **Ya ashaum abarvand, ya parvanda yazmaidae, Ya ashaum nasha, ya parvara yazmaidae.**

*(To improve a person or a child who has taken a wrong path)*

43. **Paname yazadane ahura mazdae khodai aa-va-june goor-je-khare a-var-jayad mino ram va-am cheet baresat a-aat ashetamet dwajdi, me valush yo op-oro kairayo yet bewani faifeyeh paite jantanme ne kavosh ya va-ehm chit yazmaidae.**

*(To pacify hot tempered spouse)*

44. **Ya ahura veretherajanem vahistem yazmaidae.**

*(Take a glass of water, pray 21 times daily morning and night. Drink the water after praying-it will improve your memory)*

45. **Ya nemo vah ashaum goafarendan yazmaidae.**

*(Pray every night 101 times for 3 months for knee pain)*

46. **Ya abish ya aminogar yazmaidae, ya kul balaa dafe shaved.**

*(To cure your illness and have a long life)*

47. **Ya baad-adar-gar, ya baad-nam-gar, ya baad-gel-gar.**

*(To cure paralysis, stroke and all ailments related to joint pain)*

48. **Ya ashaum chamna yazmaidae**

*(To get rid of any eye problem)*

49. **Ya ashaum khorshidtum yazmaidae**

*(Pray 21 times to get the desired work done from the opposite person)*

*Visualising him/her all the time.*



**50. Ya parjatarah, ya parvara,  
ya nasha yazmaidaae.**  
*(Pray 7 times to save yourself from  
enemy)*

**51. Ya ashaum dadgar, davar,  
fatehman firozgar yazmaidaae.**  
*(Pray 7 times to get justice in court)*

**“FRAKHTANTE”**

*(Recite this name on tir roj to get rid of  
your eye problems. Recite this name  
continuously the whole day)*

**52. Ya chamag yazamaidaae.**  
*(To have firm mind and courage)*

**53. Ya ashaum dadaar ahuramazad  
yazamaide, ya ashaum an-ainah  
yazamaide.**  
*(Pray 7 times to increase beauty)*

**54. Ya ashaum gira fatimand  
yazamaidaae.**  
*(To get back lost things)*

**55. Ya anoshak, ya farsak yazmaidaae.**  
*(Pray 7 times to guard against accident)*

**56. Ya ashaum abadah ya a-taras  
yazmaidaae.**  
*(Pray 7 times to travel without fear)*

**57. Ya nemo ve shono varajee “saok”  
mazad-dhaeete ya ashaunam  
“saok” yazmaidaae.**  
*(“saok” faresh to for health and wealth,  
divinity – it presides over to get rid of all  
troubles. To pray to him, you experience  
a new way of life)*

**58. Ya ashaum taevishim dashva  
yazmaidaae.**  
*(To give you courage.)*

**59. Ya dadaar veh pratapvayu yazad  
chamat-karik bhavya-vant  
khubsurat farzand nawjesh  
aabad baad.**

*(If not getting children, then husband and  
wife should jointly pray at night - 101  
times)*

**60. Kul-ala-bala dukh dardo dushman  
dafe shaved subh karya safaltam  
sarvekast nabudam ya barjeese  
chir afringan baad.**

*(To do away with all ailments, pains and  
enemies. Auspicious work will take place  
in your family)*

**61. Ya ashaum rangtakham yazmaidaae.**  
*(To get rid of any pain or trouble.)*

**62. Ya aye-bee-gayaee vazmaidaae.**  
*(To protect your life.)*

**63. Ya ashaum iyadi kajun-dat-feh  
sham-shas yazmaidaae.**

*(To improve intelligence and common  
sense.)*

**64. Ya ashaum mehe-ande mehiraar  
ya ashaum himo-rasheraahaar  
yazmaidaae.**

*(To get employed and increase in income)*

**65. Ya rajtan-dam peerashaan ya  
kahiniyaar sanara-nara yazmaidaae.**

*(To increase liveliness and hope in the  
body.)*

**66. Ya alrajakrojee dehandeh ya  
avjuni yazmaidaae.**

*(To get increase in income.)*

**67. Ya surya-o yazmaidaae.**  
*(To get courage.)*

**68. Ya vananti upartaat yazmaidaae.**

*(To achieve maximum success in life.)*

**69. Ya vasnae, ya vananti upartat yazmaidaae.**

*(To fulfill all your wishes.)*

**70. Ya balaysagar yazmaidaae.**

*(To ask for forgiveness for your sins.)*

**71. Ya ashaum ahuro yazad yazmaidaae.**

*(To have a healthy life without sickness.)*

**72. Ya ashaum be-farefah yazmaidaae, ya ashaum parvar yazmaidaae.**

*(To prevent unpleasantness between husband and wife – pray 11 times at night before going to bed.)*

**73. Verea-thradhanem ahura-dhataam yazmaidaae. Peresat zaroast ahurem mazdaam ahura-mazda mainyush spenishta daatre gaethnam aster-vaitinaam ashaum.**

*(Pray 11 times to be successful in office or working place.)*

**74. Ashaum khorehmand noor-e-mand yazmaidar.**

*(Pray 7 times for good health.)*

**75. Noit moi vaasta shmat anyo.**

*(Beneficial for daily income.)*

**76. Yatha taari madad, saroash taari panaah.**

*(Very beneficial to pray all the time.)*

Panahim V Yazdaan, V Bhaman,  
V Khurshed, V Meher, V Mah, V Aava,  
V Mino Ashishwang, V Aadar, V Saroash,  
V Behram Yazad, Nemaz Daadar Ahura  
Mazda, V Heftang Amesha Sa-pandaan  
Yazdaane Mino-aan, Yazdaane Gaethi-aan.

Kul Bala Dafaе Shawad,  
Kul Bala Dafaе Shawad,  
Kul Bala Dafaе Shawad,  
V Aazaar Dafaе Shawad,  
V Aafat Dafaе Shawad,  
V Shaitan Dafaе Shawad,  
V Bimari Dafaе Shawad,  
V Jaadu Dafaе Shawad,  
Ashem Vohu (1).

*(Above prayer to be recited in front of the sick person 11 times and then pray tan-daroosti for the sick person.)*

**Following are the common prayers  
for any body aches and pains**

1. For headache – *Behram Yazad.*
2. For pain in the eyes – *Khorshed Yazad.*
3. For pain in the legs – *Bahman Ameshaspand.*
4. For pain in the knees – *Aspendarrard Ameshaspand.*
5. For backache – *Tir Yazad.*
6. For sickness pertaining to wind-air (gas) – *Govaad Yazad.*
7. For stomach ache – *Siroja Yasht.*
8. For urine problem – *pray Ava Yasht.*
9. For heart troubles – *pray Ardibesht Yasht.*

### Prayers for different types of troubles

1. Misunderstanding between husband and wife - *Pray mino ram yasht.*
2. For work, business, income - *Pray mino ashishwangh and do charity.*
3. To fulfill the aspirations of children - *Pray ava aradvisur baanu nu niyaas. Plant trees of promogranite, rose or mogra in agiary or atash behram. On Wednesdays feed cows.*
4. To keep fear at bay - *Pray mino ram.*
5. For marriage rituals to go on smoothly - *Pray Daadar Ahuramuzd yasht (get performed the Baj Afargaan ceremony.)*

### Prayers to nullify the effects of different planets and stones

1. Sun: *Pray Khorshed, Meher niyaesh or yasht. Stone - Ruby (Manek)*
2. Moon: *Pray Mah Bokhtar Niyaesh. Stone - Pearl (Moti)*
3. Mangal: *Pray Behram Yasht. Stone - Coral (Parvalu)*
4. Boodh: *Pray Tir yasht or Khorshed yasht. Stone - Emerald (Pannu)*
5. Guru: *Pray Hormazd yasht. Stone - Topaz (Pokhraj)*
6. Shukra: *Pray Khordad yasht. Stone - Diamond (Hiro)*
7. Shani: *Pray Haptan yasht or Ava yasht. Stone - Blue Sapphire (Nilam)*
8. Rahu-Ketu: *Pray Haptan yasht. Stone for Rahu - Garnet (Gomed) Stone for Ketu - Cat Eye (Lasaniyo)*

## 16 Natural Fire Names

There are 16 natural fires whose names are given below:-

*Yatha Ahu Vairiyo (twice)*

*Ashem Vohu (once)*

1. Aatashea - shaedaan
2. Aathrow ahurdea - mazdo puthra
3. Aatashe - beherjishvang
4. Aatashe - khordad
5. Aadar - froba
6. Aadar - gushashpa
7. Aadar - burzin meher
8. Aadarea mino - karko
9. Aatashea wahjisht
10. Aatashea urwajisht
11. Aatashea spenisht
12. Aatashea vohu-frayam
13. Aatashea dara
14. Aatashea naryosang
15. Aadar khoreh
16. Aadar fra-ha

*Yatha ahu vairiyo (once)*

*Ashem Vohu (twice)*

## Dua Bandagi

Hu Dua gujaru chu key ya hama asho faroharo hamara tamam ruvanone garothman behest ane amar shanti baksho ane vrudhi karjo tatha hamara tamam ruvano je bhi markash per hoi tyathi agal ne agal vadharvama sadae madadgar thajo.

Ya yazado, hameshaspando ya mino ya dae ya dadar ya farookh ya hama asho faroharo ya suraj, ya chand, ya dharti, ya asman, ya tara, ya sitara, ya mahasagar, ya zameen, ya zad pan, ya gai gospandan, ya atash padshah sahib, ya ava ardisurbans, ya khorshed yazad, ya meher yazad, ya mahabokhtar, ya sarosh yazad, ya behram yazad, ya mino ram, ya vakshoore vakshuran, ya noor hoshedaram asho spitaman zarthushttra saheb na asho farohar tatha demavand koh na asho abedo tatha sol-e-sol pavitra atasho - atashe







Nerihosang Dhaval, atashe foba tatha atashe mino karkoa tatha atashe triji iranshahna unchmouch bhala ashisho tatha tamame tamam asho bhali buland farvashio tatha tamame tamam asho bhali shaktio ya khudatala- pak parverdegar - ya dadgar dadar ahura mazda-tamara gebi chupha andith bhala ashisho mara par mara kutumbh kabila par mara dost ashnao uper sada patherta rejo ane hamone tan man dhan sampthi sada abad rakhi ne hamara sada negeban thajo, hamari rang baala afaat bemari servee dur thajo, mushkel assan karnar Behram yazad hamari serve mushkeel assan karjo. Ya pak parverdegar hamaro sada passban thajo sada madadgar thajo - hamari bhali muradoo falibhoot thajo tatha har ghadi har pal hamara vahalooni raksha karo evhi muj garibne dua tari darbarma kaabul thao.

Amin Amin amin.  
Yatha jamiyad yatha afrinami



## Notes



1. Before reciting your daily prayers - *recite yatha ahu vairio - twice and ashem vahu - once.*
2. On completion of your daily prayers - *recite yatha ahu vairio -once; and ashem vohu - twice.*
3. Before starting any new work, or before leaving the house - *pray 5 yatha and 3 ashem.*
4. If you hear of any one dying -*pray 1 ashem.*
5. On hearing any good news - *pray 1 yatha.*
6. For repenting for your sins - *pray 21 yatha and 12 ashem.*

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7. To increase your daily income, it is very important to do charity for the poor.
  8. Do not recite your prayers facing north direction.
  9. When you get up in the morning before taking another step - facing east - recite 2 yatha , 1 ashem; say 3 times "yatha taari madad, saroash taari pannah" then carry on your normal work.
  10. Take a glass of water in the night, pray maha bokhtaar ni niyaesh, and drink this water. It will prevent you from getting into problems, and solve your problems.
  11. Do not enter any agiyari or atash behram without performing your kusti (after washing your hands and face).

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12. Do not pray khorshed, meher, mahabokhtar and ava niaayesh or yast inside the kebla of any agiyari or atash behram. Sit in the hall and pray.
  13. Recite ava yast or niyayesh in front of a glass of water, or river, well or sea (ocean). Do not recite this prayer after sunset.
  14. Saroash yast haadokt can be prayed only in haven, rapithavan and ugeeran geh and in ushen geh after 3 o'clock in the night. Saroash yast vadi should be prayed only at night in avishetherem geh.
  15. When a person dies, say ashem vahu close to the ear of the deceased person. Do not weep too much in front of the body as the soul gets very disturbed they are always close to us. Only we have lost the power to see them physically.



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16. Never go to bed, keeping your head in the northerly direction.
  17. From 101 names, pray the name 101 times. (the age / years of the reciter) that name-pray daily - get success definitely.
  18. The prayers of yatha, ashem and yenghe haataam are very powerful mantras and very ancient prayers. Yatha is like a very sharp sword. Ashem is like a shield and yenghe haataam is like and ointment to heal the wounds.
  19. Before going to bed at night recite 7 yatha, 7 ashem 7 yenghe haataam, 3 times saroash yast vadi ni nirag. Think of your deceased loved ones and then go to sleep.

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20. To get quick benefits in your business or work place (office) - pray ashem vohu 1114 times from new moon upto full moon day during laabh chaugadia only for 7 days.
  21. To keep your enemies or difficulties at bay put 33 eggs and get the baaj and afargan done in honour of mohor yazad.
  22. After reciting all your prayers

Yaa Daadgar daadaar Ahura Mazda  
Rayomand Khoremand Mino - aan Mino  
Baretum Beresaad - meaning -  
*"Oh Lord, we take shelter at your feet  
and thy will be done".*

### Points to Ponder

- a) Do not cut nails or hair on Saturday or at amaas or at night.
- b) Better to cut nails or hair on Monday.
- c) Wear red colour clothes on Tuesdays and also feed the birds.
- d) On Wednesday-feed the cow.
- e) On Thursday - wear yellow coloured clothes.
- f) During amaas (dark night) give used clothes to the poor.
- g) On Tuesdays and Saturdays - do charity to the poor.
- h) Do not throw flowers, rice, sugar in the river, ocean or well water.
- i) Never throw loose coins in the water.

### Remember

**Where there is unity,  
there is happiness.**

**Where there is compassion,  
there is religion.**

**Where there is greed,  
there is sin.**

**Where there is anger,  
there is destruction.**

**Where there is forgiveness,  
there is God.**