

Manashni

Vol 42 | Issue 2 | July 2024



From the Editor

Welcome to the July edition of Manashni



Let me begin by congratulating the newly elected committee. Your dedication and vision promise to bring fresh energy to our community, who eagerly await everything that you have planned for the rest of the year. I would like to wish you all the best in your endeavours.

I would also like to express my deepest gratitude to the outgoing committee for their tireless efforts and unwavering commitment. Your hard work has laid a strong foundation for the new committee to build upon. Thank you for your service and dedication to the betterment of our community.

This edition of Manashni covers events from earlier this year that have brought our community together over the past months. We encourage you to check out the celebrations and shared moments of members who participated.

A special highlight of this edition is Kurush Kasad's remarkable participation in the "Six Foot Track Race". His determination and spirit are

truly commendable, and we are proud to share his journey with you.

In our Member Spotlight, we are delighted to feature Farshogar Guzdar, the Trade Sales Manager for Air India in Australia and New Zealand. Farshogar's accomplishments in the aviation industry are inspiring, and his contributions to our community are invaluable. Be sure to read more about his journey and insights.

As you enjoy these stories of success and community spirit, I also want to remind you of an important task – renewing your membership. Think of it as another essential item on your to-do list, much like filing your tax returns. Why not use some of that tax return to renew your membership? Your membership helps to continue organising events and fostering the unity that makes our association so special.

Finally, make sure you try out the winter recipes, carefully chosen to warm up your hearts and homes during the cold months.

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Manashni Editor

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Sarosh Batliwalla

Vice President
Farhad Malegam

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Manashni Layout Design
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PRESIDENT'S REPORT

Welcome to the first report since our Committee was elected.

On a personal note I am humbled to take on the role of President as many have before and of course will devote my best efforts. I am especially grateful for the community's trust and confidence extended to the Committee and the enthusiasm and cooperative approach of the Committee to date.

I see our term as an opportunity to focus on the activities that are valued by members, to bring people together and to look forward to a sustainable future for the Association.

We are very pleased that Hoshang Parekh has joined the Management Committee. For years the Parekh family has supported the AZA in different capacities.

More generally it is refreshing to have an emerging generation of members who are starting to step up to serve the community. I hope more will do so in the future having appreciated the benefits they enjoy through the efforts of others.

Our Management Committee is continuing to improve governance ranging from enhancing committee processes through to bringing new blood into the risk management subcommittee. Our subcommittees such as the Working Bee, Innovation, Risk Management, Archives, Sunday School, MAGs and Youth all provide a support structure that delivers continuity and knowledge that is indispensable as Committees change over the years.

No sooner had we been elected than the Management Committee launched itself into organising the Jashan and Gambhar, all while transitioning into our role. It was heart warming for the Committee to experience the community pulling together to make the occasion run smoothly and we were pleased that over 230 people could attend on a pleasant Mother's Day despite inclement weather in preceding days. It was indeed a special sight to see 10 mobeds, something which would have been unimaginable 47 years earlier at AZA's first Jashan. It was quite a joyous event.

I received an invitation at short notice from His Excellency the Indian High Commissioner Mr Gopal Baglay. Viraf and I attended on behalf of AZA. In attendance also were the Indian Consul General, Dr. S. Janakiraman and Ms. Sweetly Agarwal from the High Commission. We had an opportunity to introduce our Association and tell him about the origins of our community in Sydney. We presented the High Commissioner with a copy of our 50 years' history. He was keen to meet AZA and had an appreciation of our community. He also wants to encourage cultural interchange with the broader Indian diaspora. Conversation covered cricket, our youth, members awarded Australian Honours right through to the challenges that Pakistani Zoroastrians have when visiting India.

Looking forward, membership renewals are imminent. Our community thrives on the participation of our members. We encourage all to renew enthusiastically and early!

***On behalf of myself and the Management Committee,
Sarosh Minoo Batliwalla, President***

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Greetings from SVG.

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3:46 pm ✓✓

MEET YOUR NEW AZA COMMITTEE

The new committee is a perfect blend of experienced and first-time members who have volunteered to continue the hard work and dedication shown by their predecessors by serving the Zoroastrian committee in New South Wales. Here is a brief introduction which gives you a snapshot of their skills and abilities.



SAROSH BATLIWALLA, PRESIDENT



Even before my Navjote I remember selling bookmarks, cards and raffle tickets for a Wedgwood dinner set as part of our first fund raising efforts for our Darbe Meher.

For these past two years I have been privileged to be your Vice President – it has been challenging, humbling and an opportunity to make friends. I gave it all I had. Thank you for the opportunity.

I aimed to enhance governance focusing on risk management discipline, insurance review, committee processes, legal instruction and review of accounts among other things.

For the Constitution, I dedicated intensive days/nights over two years guiding the strategy and substantially undertaking careful and sensitive detailed drafting of communications with the Major Donors and our members to achieve change on sound legal grounds. The challenge was to do so in as smooth a way as possible while holding the community together.

All this was made possible by wonderful teamwork.

Now there is a foundation for peace my desire is to plan for AZA's long term financial stability, increase AZA's profile, meet our community/cultural needs, provide a mentoring path for youth onto the Committee and establish a proper discipline for major community decisions in the future.

I offer extensive board experience (currently also on Stanford Australia Foundation and Commonwealth Studies Conferences Global Alumni board and previously Macquarie University Council and Ethnic Communities Council NSW) and broad experience including in financial management, risk, stakeholder engagement and planning.

This is a time for unity and focusing on what truly matters. I look forward to serving, listening and working for the betterment of our Zoroastrian community.

FARHAD MALEGAM, VICE-PRESIDENT

I am once again excited to serve on the AZA committee. Over the past two years, I've dedicated myself to modernising our community through technology and partnering with the youth. Together with my supportive MC, we've successfully delivered engaging events that celebrate our heritage and culture.

My focus will be on strengthening community bonds and fostering inclusivity. Together, let's build a more connected and vibrant AZA. I am committed to listening to your ideas and concerns, ensuring everyone's voice is heard. Let's continue this journey of progress and unity. Together, we can make a positive difference. Thank you for having me as your representative.



VIRAF HATHIRAM, SECRETARY



I've been around for a while so I suspect most of you know me, at least by name if not by face (but I don't know most of you). I have been on the committee twice, once in the last century and once more recently. Both stints were marred by mara-mari (big hoopla) so I guess that makes me a minor veteran.

I'm hoping to continue the wonderful initiatives and good governance started by the previous MC, plus add some good spice of my own. I'll probably show up for 2 working bees in the year. And for all the functions with free food (which I'll help organise).

There's the perennial problem of not enough volunteers and I don't have any solution to that.

I'm not an old man (yet), so don't ask me when I'm going to retire or if I play golf. I'm open to new ideas, even risky ones, so please come up and have a chat.

JULIAN KHURSIGARA, TREASURER

In 1974, my late parents, Rusy and Cecilia Khursigara, arrived in Australia from Karachi. Along with my two sisters, Gail and Cheryl, we embarked on a journey that would intertwine our lives with the Sydney Zoroastrian community. Arriving in Sydney was more than just a change of geography, we also left our family behind in Pakistan and India; it was the beginning of an enduring connection and friendship with a community that values the strength of the collective spirit.



Growing up in such a close-knit community has been such a blessing. The friendships we formed, the celebrations we shared, the dhansaak we savoured and the challenges we faced together have been the bedrock of my life's most cherished memories. These relationships, formed nearly half a century ago, have not only stood the test of time but have grown stronger with each passing year. In fact, as a young boy I attended Sunday School with two of the current MC nominees.

My professional journey has taken me through two decades of executive roles in the corporate sector, focusing on customer engagement and marketing across Asia Pacific. This experience has provided me with a skill set that emphasizes strategic planning, effective communication, financial management and an unwavering commitment to achieving goals. More recently, I have channeled my entrepreneurial flair into running my own buyer's advocate business, helping Australian property investors to build wealth.

The lessons I have learned from my professional life are numerous, but perhaps the most significant is the power of dedication, ethics, teamwork, and the impact of contributing towards a common goal. It is this understanding, coupled with a deep-rooted love for our community, that I wish to bring to the Management Committee of the Australian Zoroastrian Committee of NSW.

I have decided to serve on the Management Committee not just as a means of giving back but as an opportunity to ensure our community continues to thrive and grow in an ever-changing world. My aim is to leverage my extensive experience to enhance our community's cohesion, vibrancy, and resilience. I believe that together we can forge pathways that not only honour our rich traditions and all those who have served before us, but also embrace the future with open hearts and minds.

This journey from a young immigrant to a mature advocate for our community's growth is a testament to the strength and warmth of the Australian Zoroastrian community. It is with a sense of humble pride and a deep-seated passion to contribute more meaningfully that I offer my services to the Management Committee. Together, let us continue to build a community that stands as a beacon of unity, support, and prosperity for all its members.

HOSHANG PAREKH, MEMBER



I have been a continuous member of the AZA for the last 20+ years and am keen to help the community by offering my skills and guidance to the existing committee.

My career and studies in Hospitality, followed by Accounting and Finance, provide a diverse skill set that I believe would be beneficial to the MC and the broader community. For the past eight years, I have been working with St John Ambulance Australia.

From a not-for-profit perspective, I believe I can add significant value to our great organization through risk mitigation, event management, and other activities where my expertise may be useful.

I am enthusiastic about the opportunity to contribute to the AZA and look forward to the possibility of working closely with the committee to further our shared goals.

ZAHAN MADON, MEMBER

I am a 22 year old mobed, having attended the AZA for as long as I can remember. I work for NSW health as a doctor and deeply enjoy my line of work. I have joined the management committee in an effort to give back to the community, after having seen all of the hard work put in by the prior committee and not wishing for their vision for the future of the AZA to go unfulfilled with changing of committee members.



I don't have any massive ideas for changes within the organisation, however I'd like to think that I'm a reasonable and logical person, and for that reason I think I would be suited for a position on our management committee, having limited experience with other committees during my secondary and tertiary education.

Free Copies of Mushkhil Aasan Behram Yazad

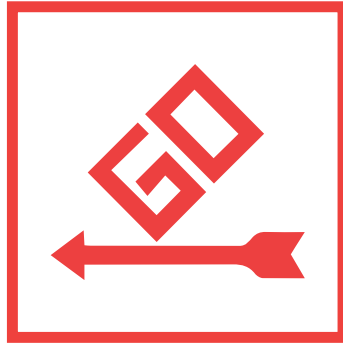
Copies of Mushkhil Aasan Behram Yazad (story of the Woodcutter and his fortune) are available to the community, free of charge.

If anyone would like a printed copy or an electronic copy, please email Shaun Cooper at: sncooper@gmail.com indicating your preference.

Appeal for Sandalwood Sticks, Loban and Topis

We currently have a very small stock of sandalwood sticks and loban at the AZA Darbe Meher. Can members please bring some from India or Pakistan on their next visit and also request any visitors from abroad to bring some.

Our stock of prayer topis for children under 10 is also low. If members have their childrens' topis that are not being used any longer, can they please bring these to the Darbe Meher. Thanks.



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THE AZA ANNUAL JASHAN & GHAMBAR CELEBRATIONS

12 May 2024
by Farhad Malegam

In a heartwarming display of community spirit, the AZA recently hosted its annual Jashan & Gahambar celebration bringing together over 230 members.

This joyous occasion was a testament to the enduring traditions of unity, generosity, and togetherness that have been woven into the fabric of Zoroastrian culture for centuries. The event commenced with a solemn yet beautiful Jashan ceremony, led by our community mobeds who guided the prayers and devotion to Ahura Mazda.



Their dedication to preserving the spiritual heritage of the Zoroastrian faith was evident in the reverence and devotion they brought to the ceremony. We extend our heartfelt gratitude to these mobeds for their invaluable service to the community.



- Ervad Marzban Katila – Officiating Priest, Zaotar
- Ervad (Dr) Zahan Madon – Assisting Priest, Raspi
- Ervad Percy Madon
- Ervad Cherag Tadwalla
- Ervad Zarvan Kotwal
- Ervad Farzad Katrak
- Ervad Arish Panthaky
- Ervad Daraius Panthaky
- Ervad Behzad Panthaky
- Ervad (Dr) Peshotan Katrak

Following the Jashan, the celebration transitioned into a vibrant Gahambar, where the true essence of community and generosity shone through. The air was filled with the tantalizing aromas of lovingly prepared dishes, from Gormeh Sabzi to Dhansakh, Parsi style kebabs to El Janah.



Tables groaned under the weight of an abundance of food, meticulously prepared by community members who embraced the spirit of sharing and hospitality. From fragrant rice dishes to savory curries, from succulent meat preparations to wholesome vegetarian delights, the spread was a true feast for the senses.

What made this event truly remarkable was the outpouring of generosity from the community members themselves. Volunteers tirelessly worked behind the scenes, ensuring that every aspect of the celebration ran smoothly, while attendees enthusiastically contributed their time, efforts, and culinary creations to the event's success. As the festivities unfolded, laughter echoed through our beloved AZA, and the air was filled with the joyous sounds of conversation and camaraderie.

Children played together, their infectious laughter a reminder of the importance of preserving these traditions for future generations. In this celebration of unity and generosity, the AZA community demonstrated the enduring strength of their bonds, forged through shared traditions, values, and a deep appreciation for the richness of their cultural heritage.

We would also like to extend our heartfelt congratulations to Mobed Marazban Katila, who was felicitated for his dedicated service to the community as a mobed. His unwavering commitment to preserving and upholding the tenets of the Zoroastrian faith has been an inspiration to all.

The AZA Annual Jashan & Gahambar served as a powerful reminder that true strength lies in the unity of a community, and that generosity is not merely a virtue but a way of life.

TRUEMAN'S TERROR - MORE FRIGHT THAN FIGHT

by Kersi Meher-Homji



The Indian cricketers did not know what hit them when they toured England in 1952. England's young express fast bowler Fred Trueman was almost unplayable.

In the first Test in Leeds in June, they had a horrible start in the second innings; 4 wickets down for no runs! Trueman had figures of 3 wickets for no runs and was on a hat-trick. In a

later Test match an Indian batsman requested the umpire to move the sight screen.

"To the left or to the right?" the umpire asked.

"Neither way", replied the batsman.

"So where?"

"Between this demon bowler Trueman and me!"

MUKTAD PRAYERS AT AZA DARBE MEHER - in August 2024

A team of our Mobeds will be reciting the Muktdad Prayers at AZA Darbe Meher on 6 out of 10 Muktdad days in August this year.

- Muktdad prayers will start on the first day of Muktdad (Monday 5th August) after setting up of 'Karasyas' (flower vases)
- There will be **no** muktdad prayers at AZA Darbe Meher on the next four days from 7th to 10th August
- Muktdad prayers will resume for each of the five Gatha days from Saturday 10th to Wednesday 14th August
- Prayers will conclude with the 'Pachli-raat-nu-afargan and Farokshi' (night prayers) at 12.45 AM on 15th August
- Prayers will start at **9.30 AM** on each day.

All Zoroastrians and their families – AZA members and non-members are welcome to attend and submit names of their departed relatives recited in the Muktdad prayers, are requested to:

1. Submit the name of each departed relative in the following format to Mithi Daver by email (mithidaver@gmail.com) or call her on 0414470410:

- **Behdin or Osta/Osti/Ervad** and departed individual's **First name**,
 - followed by
- **Behdin or Osta/Osti/Ervad** for the departed individual's **father's or husband's First name**

For example, **Behdin Rustom, Behdin Shapur** or
Osta Rustom Ervad Shapur

2. A charge of \$50 will be levied for up to two departed relatives' names and \$100 for a maximum of up to 6 names. All proceeds (after expenses such as fruits and nuts) will be donated to AZA.
3. If you would like Mithi to purchase flowers for your vase/s, there will be an additional charge of \$25. Alternatively, you can prepare your own vase with flowers, and have this ready at the Darbe Meher by 9 AM on 5th August.
4. Arrange to pay Mithi in cash for the prayers and for flowers on or before the first day of prayers i.e. Sunday August 5th. If you are unable to give cash to Mithi, you can deposit the amount in the AZA Main Account BSB: 082-514, Acc No: 44-227-4084. Please advise Mithi and the AZA Treasurer by email as soon as you have deposited the money.
5. Ensure that your karasyo/vase (labelled with your name) is delivered to Mithi or Pheroza Daruwalla before the muktdad days or latest by 8 AM on 5th August, at AZA Darbe Meher.
6. You must collect the karasyo/vase after the prayers conclude.

A note about Muktdad in two places: "Ervad Ramiyar Karanjia, Principal of Dadar Athornan Institute has advised that as per our rituals although the vase should be placed only at one place of worship, muktdad prayers for a departed person can be recited in two places.

Ervad Peshotan Katrak, on behalf of AZA Mobeds

CELEBRATION OF NOWRUZ & ASHU ZARATHUSTRA'S BIRTHDAY IN AZA SYDNEY

24 March 2024
by Nasim Sohrabi



The celebration of Nowruz and Ashu Zarathustra's Birthday at AZA Sydney was a vibrant and culturally rich event that brought together members of our community to commemorate two significant occasions in Zoroastrian tradition. Nowruz, the Persian New Year that marks the beginning of spring and symbolizes renewal and rebirth and Ashu Zarathustra's Birthday that celebrates his teachings of truth, righteousness, and unity.



Event Highlights

Ceremonial Rituals: The event began with traditional Zoroastrian rituals and prayers led by community elders and kids. Attendees participated in prayers for blessings, prosperity, and good fortune and health in the new year.

Haft-Seen Table: A magnificent table was created and decorated under the gazebo for attendees to enjoy and take photos. The Haft-Seen table is one of the central customs of Nowruz containing seven symbolic items starting with the Persian letter "seen," each representing different aspects of life and nature.



Keynote Speaker: The speaker shared insights into the history, symbolism, and customs associated with these celebrations and highlighted that the convergence of Ashu Zarathustra's birthday and Persian New Year brings added significance to the celebrations as for many of us Zoroastrians, Nowruz holds spiritual importance as it aligns with Zarathustra's teachings of renewal and fostering a sense of unity and hope for the year ahead Children's dance: A group of children showcased a beautiful traditional dance. That was applauded and appreciated by attendees. Live performance,

Dj and Dance: The celebration featured a special live performance followed by vibrant traditional music and dance, from both Iranian and Parsi cultures.

Traditional Cuisine: A feast of traditional Persian cuisine was served, featuring an array of flavourful dishes and delicacies. Attendees enjoyed a culinary journey through the diverse flavours and spices of the cuisine, savouring the tastes of Nowruz festivities.

Community Engagement: The celebration provided an opportunity for community members to come together, plan the event months in advance, cleanup and set up before the event, socialise, and strengthen bonds of friendship and solidarity.



Guests engaged in lively conversations, exchanged well wishes for the new year, and shared stories and memories of past celebrations. The celebration of Nowruz and Ashu Zarathustra's Birthday at AZA Sydney was a joyous and memorable occasion that showcased the rich cultural heritage and spiritual traditions of the Zoroastrian community. Attendees came together to celebrate the spirit of renewal, enlightenment, and unity embodied by Nowruz and the teachings of Ashu Zarathustra.

The event served as a reminder of the enduring values of peace, harmony, and goodwill that transcend borders and unite people of diverse backgrounds in celebration of life and creation.

REFLECTIONS ON THE SIX FOOT TRACK RACE 2024

By Kurush Kasad

A few weekends back, several groups of NRGers headed up to Katoomba for the Six Foot Track ultramarathon. One group was heading up to support our runners (at the famously named NRG corner), and other group were tackling 1,528m of elevation head-on. Kurush, a two time finisher of the race, shares his thoughts below.

Six Foot Track 2024 was never on this year's running agenda, because I had only signed up for the Triple Trail Challenge (Note: The Triple Challenge is a gruelling challenge consisting of Jabulani, Rafferty's Coastal Run, and the Coastal Classic). Then came along the lottery emails. Unsuccessful in the 1st one I was pretty sure I wouldn't get in the 2nd lottery. But I did and so I accepted and started the gruelling summer months training.

Following a training program by The Body Mechanic - whose Peter Sweeney I was already seeing to fix my dodgy knees - I made it to the start of my second Six Foot track marathon in three years.

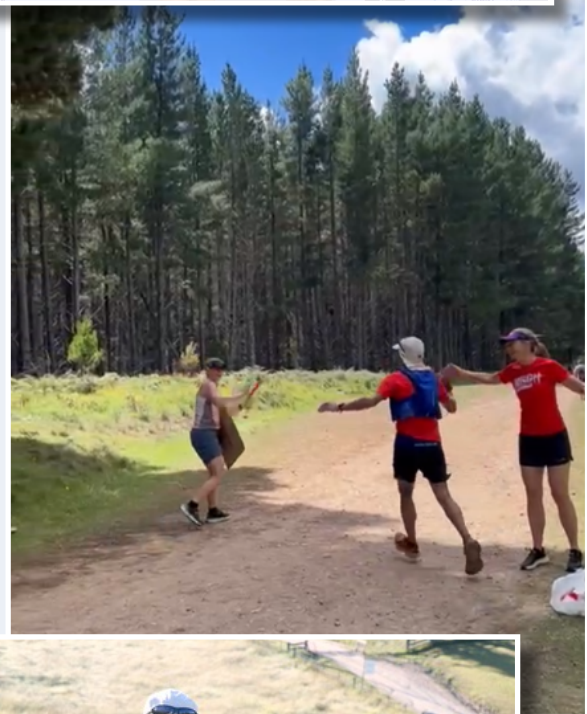
After the Nellies Glenn descent to and across Cox's River, I decided this time to get the sand and gravel out of my shoes with the help of the lovely RFS volunteers. Another stop around 22kms to patch blisters on my big toes and a change of socks turned out to be the best decision I made on the day.

Seeing me sitting on the side of the track, I had a couple of 'are you ok, mate?' mentions from a couple of runners. Three kms later it was my turn to ask the same of another runner who was struggling with cramps. I stopped, offered him the 'cramp fix' spray I had on me which he gladly accepted - he did end up finishing the race.

After the halfway point it was all about getting to NRG corner and the wonderful NRGers who had made the trip to the mountains to support. Thank you very much.

Egged on by Jason Winsbury (Venn's mate and work colleague) I pushed to make up the lost time, but it's impossible to claw back time in a race like this. At the finish line were the lovely Kate Howie and Kathryn Anderson handing out medals.

Can't believe I did my 2nd 6FT race this year. Will I be back? Maybe!



Member Profile

Farshogar Guzdar



Trade Sales Manager, Air India for Australia and New Zealand

From managing distribution channels, growing revenues, evacuating passengers and providing relief material on special chartered flights, handling Presidential flights to sales & marketing, business development, and much more, there's barely an area Farshogar isn't familiar with in the aviation industry.

A devout Zoroastrian who takes his prayers seriously, in this candid interview Farshogar reveals his journey to achieving career and personal success.

Let's begin with a brief background about yourself. Tell us about your childhood and your family.

I am from an Upper middle class family and my Dad was working in Indian Airlines Engineering Dept. Mom used to work as an Executive Assistant to an ACC cements affiliated company but had left her job to look after us and my aged granny. I have a sister who's seven and half years younger and after my father's demise when I was 19 years old, I was not just a brother but a father figure to her as well.

What made you choose a career in the airline industry?

I never knew that I would be ever joining my dad's airline but when I was just about to complete my graduation, I lost my dad due to massive heart attack and got a job with Indian Airlines on compassionate grounds. Indian Airlines later merged with Air India in 2007.

Initially it was hard to manage college, working in shifts and looking after my sister's education but my mom has been my pillar of strength because of whom I could completed my post-graduation and my MBA in marketing along with my job.

My initial 10 years were at the airport where I used to do ground handling not only for my flight carrier but also international carriers like Oman Air, Qatar Airways, Sri Lankan and Aeroflot. I also was the youngest staff member to clear load & trim sheet i.e. weight and balance adjustment of the aircrafts for all international airlines including mine.

Post my MBA in Marketing I got the opportunity to work for Air India Sales and Marketing based out of prestigious Air India Building where I was handling Corporates and Marine Agents. Tata Group was the main corporate entity that I was handling including ATP Instone.

Two main Managers that mentored me were Ms. Shahnaz Gomez who was head of admin and always used to ensure that we all were not only properly dressed but were presentable. The other mentor was Ms. Nina Modi who guided me to look after corporate accounts and deal with top notch industrialists.

This airline has given me everything in life and I would like to work for it until I retire.

What prompted you to leave your homeland and head to Australia?

As my airline was taken over back by the Tata group, they had a new HR team who began interviewing job applicants to place the right candidates in the right roles based on their merit.

I was chosen to be the Manager Australia and New Zealand for Trade Sales & Corporates based on merit after 3 rounds of interviews and out of 19 staff who had applied for the role.

What professional achievements are you most proud of and what challenges did you overcome to achieve them?

To climb to this level and become the head of an airline in Australia hasn't been an easy task. I have been fortunate to look after many Industrialists like Ratan Tata, Deepak Parekh, Keki Mistry from HDFC Ltd and Nadir Godrej from Godrej group to name few.

Being in sales you not only meet your clients and travel managers but need to understand their point of view as well. Air India being in Government hands had its share of issues and to convince travellers especially heads of organisations has never been easy. It's crucial to ensure that they are looked after at every stage of their travel. Even the tiniest thing that goes wrong can affect the entire group's future travel plans with your airline.

What role do you see yourself playing in 10 years from now as a business leader?

God willing, I would love to be the CEO of my airline and lead my staff in a better way.

Do you have a regular prayer routine? How has this helped you in your life?

Yes, I do pray every night and do my kasti twice a day. My late mother used to insist I devote some time to prayer and express my gratitude toward everything.

Often when you cannot think or find feel lost and need guidance, pray to lord Ahura Mazda of help and you will be shown a way to overcoming your hurdle and a path to achieving what you desire.

Wherever I am posted in the world by my airline, I make sure to carry my Khordeh Avesta and my prayer cap which protects me from any any negative energies and keeps me spiritually grounded.

Do you have any hobbies and what is your favourite form of relaxation?

Yes, I do love to collect stamps and coins as well as cook sometimes. I also love to travel and write short stories and plan to release my story book after I retire.

If you had one message for Zoroastrian youth, what would it be?

Try hard to get what you desire too but always keep a plan B in place. Your journey is not just important for you but also to the people who look upon you. Be true to yourself and ensure you refrain from any activity that will bring your family and community's name to disrepute. We Zoroastrians are trusted by all communities and we should ensure that the trust is always maintained.

MEMBERS column



Change of Address

Cyrus & Keshmira Elavia

Address: Unit 12/50-54 Empress Street , Hurstville 2220 **Ph:** 95793417

Shiraz Munshi

Address: 260 Great South Road, Greenlane, Auckland 1051, New Zealand

Garothman Behest

Eruch Nanavati passed away on Monday 10 June 2024. Husband of late Pamela, father of Cyrus and Zarir. Father-in-law of Sukanya and Jani and grandfather of Zubin, Darayus, Jasmine, Zemina and Nazneen. Closest companion Mithi Daver who has selflessly taken care of him for several years in the latter part of his life.

Farrokh Jehangir Kermani

passed away on 8 May 2024. Brother of Tirandaz Kermani, Sanobar Khambatta and Gulnar Irani. Brother-in law of Hoomayun Kermani, Dossu Khambatta and Aspy Irani. Uncle to Pearl and Adel Hodiwala, Friya and Xerxes Karai, Niloufer and Behram Marazbani, Jamshed and Hufrish Khambatta, Nazneen and Elvis Gluga, Delnaaz and Astad Dhunjisha and Michelle and Zack Sarich.

Adi Shroff passed away on 2 June 2024. Husband of Helen Shroff, father of Jennifer and Robert Shroff, father-in-law of Sabrina Shroff and grandfather of Tony, Kaine, Ethan, Hannah and Emma.

Zenobia (Jeenobia)

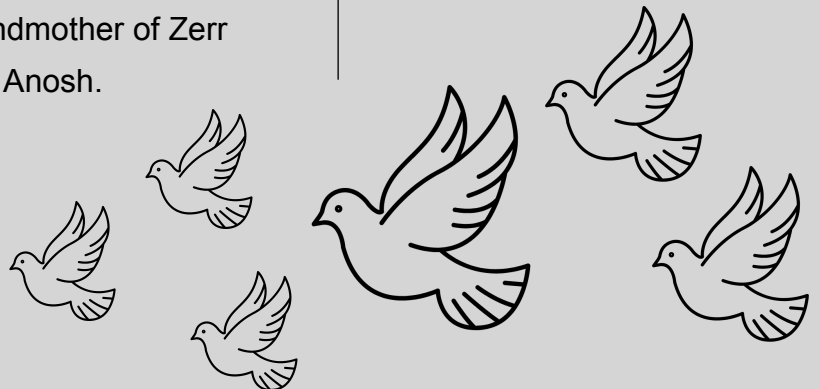
Ardeshir

Contractor passed away on 11th May 2024 in Sydney. Mother of Cyrus, mother-in-law of Delnawaz and grandmother of Zerr and Anosh.

Nozer Soli Dubash passed away on 31 May 2024. Husband of Soonoo, father of Late Eddie Dubash and Cyrus Dubash, father-in-law of Nahzrin and Linaz Dubash and grandfather of Jowin, Ahryn, Shadden, Zaeden and Daylun Dubash.

Dr Firoze Narielvala.

Passed away on 16 April 2024. Husband of late Manda, father of Yasmin father-in-law of Nathan and grandfather of Xavier and Oliver.



KIDZ *Konner*

**Dedicated to the connoisseurs &
lovers of PUNS
by Surosh Khurshed**

How does an attorney sleep?
First he lies on one side, then he lies on the other side.

I have a few jokes about the unemployed people, but none of them actually work.

How do you make holy water?
You take some water and boil the hell out of it.

Will glass coffins be a success?
Remains to be seen.

Two windmills are standing in a wind farm. One asks, "what's your favorite kind of music?"
The other says, "I'm a big metal fan".

Heard about a new restaurant called Karma?
There's no menu, you just get what you deserve.

I went to buy a camouflage trouser yesterday,
...but couldn't find any.

What do you call a bee that can't quite make up its mind?
A maybe.

I tried to sue the airline for losing my luggage...
Sadly, I lost my case.

If and when everything is coming your way...
you're in the wrong lane.

She had a photographic memory...
but never developed it.

Is it ignorance or apathy that's destroying the world?
I don't know and I don't really care.

I wasn't originally going to get a brain transplant,
but then I changed my mind.

Which country's capital has the fastest-growing population?
*Ireland! it's *Dublin* everyday.*

I used to be indecisive; now I'm not so sure.

Sleeping comes so naturally to me...
that I can do it with my eyes closed.

What did the grape say when it got stepped on?
Nothing. but it let out a little whine.

What do you call a very articulate dinosaur with a good vocabulary?
A Thesaurus

Being on time - *It's better to be late than be dead on time!*

Intelligence vs Wisdom by Farshid Khurshed

Intelligence or wisdom, which would you rather have? Read on to find out.

Intelligence leads to arguments.
Wisdom leads to settlements.

Intelligence is power of will.
Wisdom is power OVER will.

Intelligence is heat, it burns.
Wisdom is warmth, it comforts.

Intelligence is pursuit of knowledge, it tires the seeker.
Wisdom is pursuit of truth, it inspires the seeker.

Intelligence is holding on.
Wisdom is letting go.

Intelligence leads you.
Wisdom guides you.

An intelligent man thinks he knows everything.
A wise man knows that there is still something to learn.

An intelligent man always tries to prove his point.
A wise man knows there really is no point.

An intelligent man freely gives unsolicited advice.
A wise man keeps his counsel until all options are considered.

An intelligent man understands what is being said.
A wise man understands what is left unsaid.

An intelligent man speaks when he has to say something.
A wise man speaks when he has something to say.

An intelligent man sees everything as relative.
A wise man sees everything as related.

An intelligent man tries to control the mass flow.
A wise man navigates the mass flow.

An intelligent man preaches.
A wise man teaches.

Intelligence is good, but Wisdom achieves better results.

RECIPES TO DELIGHT



Tomato Chicken

Ingredients

- 1 large onion, chopped
- 4 cloves garlic, chopped
- 1 slice fresh ginger root
- 1 tablespoon olive oil
- 2 teaspoons ground cumin
- 1 teaspoon ground turmeric
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- ½ teaspoon ground cardamom
- 1 (1 inch) piece cinnamon stick
- ¼ teaspoon ground cloves
- 2 bay leaves
- ¼ teaspoon ground nutmeg
- 6 skinless chicken thighs
- 1 (14.5 ounce) can whole peeled tomatoes, crushed

Method

- Place onion, garlic and ginger in a food processor and process into a paste.
- Heat oil in a large skillet over medium heat, add onion paste and saute, stirring continuously, for about 10 minutes.
- Stir in the cumin, turmeric, salt, pepper, cardamom, cinnamon, cloves, bay leaves and nutmeg.
- Saute, stirring, for 1 to 2 minutes. Place chicken pieces in skillet and stir them around with the spice mixture until they are well coated.
- Saute for another 4 minutes, then pour in the tomatoes with liquid and stir.
- Reduce heat to low and simmer for 1 to 2 hours, or until the oil has separated from the liquid.
- Stir occasionally. (Note: If you simmer uncovered, the sauce will thicken; add water, or keep covered while simmering.)



Squid Pakora



Ingredients

- Vegetable oil, for deep frying
- 250g prepared squid, body opened out, scored on the inside, then cut into chunks or cut into rings, plus the tentacles
- ½ tsp fennel seed
- 1 tsp cumin seeds
- 140g gram flour
- ½ tsp salt
- 1 tsp ground turmeric
- 7cm piece of ginger, finely grated
- 2 garlic cloves, finely chopped
- 1 green chilli, finely chopped
- juice from 1 lime
- 4 spring onions, finely chopped
- 1 tsp chilli flakes

Method

- Heat the oil to deep fry the squid on a gentle heat. Line a large bowl with kitchen paper, ready to drain the squid.
- Crush the cumin and fennel seeds and place into a mixing bowl.
- Into the same bowl sieve in the gram flour and add the salt, turmeric, ginger, garlic, chilli, lime juice and spring onions.
- Stir in a little water, a bit at a time, to get a thick batter.
- Placed the prepared squid into the batter and mix it well to coat.
- Check the oil is hot enough by dropping in a tiny drop of batter. If it browns and floats to the top straight away then it's ready.
- Very gently slip in a few pieces of the squid and fry for about a minute until it crisps up and turns golden in colour. Lift it out the oil and drain on the kitchen paper. You can then place these onto a baking tray and put them in the oven to keep warm.
- Repeat, using up the rest of the batter.
- When all the pakoras are cooked, put them on a platter, sprinkle with a little salt, some chilli flakes and serve with a mint dip.

Spicy Garlic Potatoes

Ingredients

- Two large potatoes thinly sliced
- Salt
- 1.5 tbsp of Chilli Oil
- 2 tbsp of Soy Sauce
- 3 tbsp of Black Vinegar
- 2 green onions, chopped
- 1 tbsp of Crushed Red Chilli Flakes
- 0.5 tbsp of Sesame Seeds
- 4 tbsp of Oil
- 1 tsp of Sichuan Pepper Corn (optional)
- 5 cloves of Garlic minced
- Cilantro



Method

- Let the thinly sliced potato rest in water for 5 minutes.
- Drain and repeat 2-3 times or until the water is no longer cloudy. This will help rinse off the starch, ensuring the potatoes get nice and crunchy. You can do this while preparing the ingredients for the sauce.
- Bring a pot of water to boil, and season with a generous amount of salt.
- Once boiling, blanch the potatoes in batches for 30 seconds – 1 minute or until barely translucent. Let it rest in ice-cold water while you cook the other potatoes.
- In a bowl, add 2 tbsp of Soy sauce, 3 tbsp of Black Vinegar, 1.5 tbsp of Chili Oil, Green Onion, Crushed Red Chili Flakes, Sesame Seeds, and the top layer, minced garlic.
- Heat 4 tbsp of oil and optional, add in 1 tsp of Sichuan Peppercorn
- Pour hot oil over the garlic and make sure to strain the oil so the peppercorn doesn't go in. Let the oil sizzle, add in chopped cilantro, and mix.
- Drizzle the sauce on top of the potatoes and enjoy!